

IAN YIP, M.D. F.A.C.P.
CURRICULUM VITAE

PERSONAL HISTORY:

Business Address: 100 UCLA Medical Plaza, Suite 723
Los Angeles, CA 90024

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Woodland Hills, CA 91367
Tel: 818-615-2888 Fax: 818-615-2883

Date of Birth: May 5, 1963

Place of Birth: Canton, People's Republic of China

Citizenship: Naturalized U.S. Citizen

Marital Status: Married with three children

EDUCATION:

1975-1982 Wah Yan College, Kowloon, Hong Kong

1982-1986 A.B. '86 Washington University, St. Louis
summa cum laude, major in Biology

1986-1990 M.D. '90 Washington University, St. Louis
School of Medicine

1990-1993 Internal Medicine Residency Training
Greater Los Angeles (Wadsworth) VA and affiliated Hospitals, L.A., California

1993-1995 Endocrinology, Diabetes and Metabolism Fellowship
Greater Los Angeles (Wadsworth) VA Medical Center, L.A., California

1995-1996 Clinical Nutrition Fellowship, UCLA School of Medicine

LICENSURE:

1992 State of California Medical License (G 73119)

1992 Drug Enforcement Administration (DEA) license (BY 3144677)

2006 "X" License for Opioid Addiction Therapy (XY3144677)

BOARD CERTIFICATION:

2001 Diplomate, American Board of Physician Nutrition Specialists

1997 Diplomate, American Board of Nutrition, Specialist in Clinical Nutrition

1995 Diplomate, American Board of Endocrinology, Diabetes and Metabolism

1993 Diplomate, American Board of Internal Medicine

1991 Diplomate, National Board of Medical Examiners

PROFESSIONAL APPOINTMENTS:

2004-present	Associate Clinical Professor, David Geffen School of Medicine at UCLA
1996-2004	Assistant Clinical Professor of Medicine, UCLA School of Medicine
1996-2001	Medical Director, UCLA Bariatric Surgery Program
1996-present	Attending physician, Endocrinology Clinic, West Los Angeles VAMC
1996-1998	Attending physician, Diabetes Clinic, West Los Angeles VAMC

PROFESSIONAL ACTIVITIES:***Expert Reviewer:***

2004 – present	Medical Board of California
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Editorial Reviewer:

2004-present	<i>American Journal of Clinical Nutrition</i>
1996-present	<i>Journal of Clinical Endocrinology and Metabolism</i>
1996-present	<i>Pancreas</i>
1998-present	<i>Obesity</i>
2001-present	<i>Diabetes Care</i>
1999-2001	<i>Cancer Research</i>

Committee Services:

2012	Chairman, Board of Directors, The Pediatric Arthritis and Lupus Foundation
2011	Program Chair, “Enhancing Healthcare Education, Research and Practice through Technology.” 2011 International Conference on ICT in Teaching and Learning. July 11-13, 2011. Hong Kong SAR, China
2011	Member of Jury: The Stockholm Challenge 2010 Awards
2011	Judge: Web Challenge Award 2011- Web Innovation Center for Excellence, Caritas Institute of Higher Education, Hong Kong.
2009	Program Chair, Enhancing Healthcare Education, Research and Practice Symposium. 2009 International Conference on ICT in Teaching and Learning. July 6-8, 2009. Hong Kong SAR, China
1998-2006	Member, UCLA Post-Graduate Nutrition Education Committee
1997-2004	Member, UCLA General Clinical Research Center Advisory Committee
2000	Member, Organizing committee, “A New Paradigm for Chronic Disease Management: Dealing with Obesity in Primary Care” UCLA-CME course M001-2 jointly with the North American Association for the Study of Obesity.
2000	Co-Chair, “Ingestive behaviors, Treatment and Clinical Prevention” committee, Annual Meeting of the North American Association for the Study of Obesity.
1999-2001	Member, UCLA Department of Medicine, Medical Specialties Committee

1999-2001	Member, UCLA Centers for Dietary Supplements Research Advisory Board
1998-2001	Member, Department of Medicine Executive Committee, UCLA
1997-2002	Member, UCLA Enteral and Parenteral Nutrition Committee
1996-2001	Member, UCLA Clinical Nutrition Research Unit Executive Committee

Courses Taught

2003 – 2006	Tutor, 1 st Year Medical Student: Gastrointestinal, Endocrine and Reproductive Medicine 1
1998 - 2005	Co-Chair, Course # ME 226.02 Advanced Clinical Nutrition
1998 - 2001	Co-Chair, Course # ME 226.03 Clinical Nutrition
1996- 1999	Discussion of Major Diseases with 3rd year UCLA Medical Students
1996- 2000	Tutor, Pathophysiology of Disease for UCLA Sophomore Medical Students (Course Chair, Dr. Inder Chopra)
1997 - 1998	Science or Fiction? Seminar in Health and Fitness UCLA extension course no. x 460.71

Professional Associations Mermbership:

1991 - present	American Medical Association
1996 - present	The Endocrine Society
1997 - present	American College of Physician
1998 – present	The Obesity Society formerly: “North American Association for the Study of Obesity:NAASO”
2005 – present	American Diabetes Association

HONORS AND SPECIAL AWARDS:

2005	Fellow, American College of Physicians
1996 - 1998	National Cancer Institutes, Clinical Nutrition Research Unit New Investigator Awardee
1992	Solomon Scholars Awardee for outstanding resident research
1982-1986	Dean's list for seven semesters
1986	Sigma Xi - the National Scientific Research Society

RESEARCH UNDER REVIEW

03/2012	National Institute of Health RO1 DK089049-01 (Co-Investigator) Arab, L Principal Investigator, Adams, J (Co-P.I.) Adipose-Bone Axis and Bone Loss in patients with Roux-en-Y Gastric Bypass and Sleeve Gastrectomy - A randomized, double blinded factorial design
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clinical trial of vitamin D supplementation prior to and for one year after Roux-en-Y gastric bypass surgery or sleeve gastrectomy

RESEARCH

- 03/12-present **Orexigen Therapeutics, Inc (Sub-Investigator)**
Cardiovascular Outcomes Study of Naltrexone SR/Bupropion SR in Overweight and Obese with Cardiovascular Risk Factors (The Light Study)
- 09/11-present **Sanofi-Aventis (Sub-Investigator)**
A Randomized, Double-blind, Placebo-controlled, Parallel-group, Multicenter Study to Evaluate Cardiovascular Outcomes During Treatment with Lixisenatide in Type 2 Diabetic Patients after an Acute Coronary Syndrome (ELIXA)
- 04/09-present **Department of Veterans Affairs NCT00878605 (Consultant)**
Development of A Novel Anti-Hyperglycemic Agent – P.I. Zhao-Ping Li
- 03/05-06/08 **Sanofi-Bristol-Myers Squibb (Principal Investigator)**
The REACH Registry: An International Prospective Observational Registry in Subjects at Risk of Atherothrombotic Events.
- 08/02-05/05 **Johnson and Johnson Pharmaceutical Research and Development (P.I.)**
A Randomized, Double-blind; Placebo-controlled, Multicenter, Parallel-Group Study to Assess the Safety and Tolerability of Different Oral Topiramate Release Rate Formulations (Topiramate Immediate-Release, Topiramate Controlled-Release Zero Order Profile, and Topiramate Controlled-Release Ascending Profile) in the Treatment of Subjects with Obesity
- 10/01-01/03 **Chugai Biopharmaceuticals, Inc. (Principal Investigator)**
GM-611-05, A 12-Week, Multicenter, Double-Blind, Placebo-controlled, Randomized, Dose-finding Study to Evaluate the Safety and Efficacy of GM-611 in Patients with Diabetic Gastroparesis
- 08/01-08/02 **Bristol-Myers Squibb (Principal Investigator)**
Proof of Concept Trial of BMS-309403 in Obese patients
- 10/00-06/01 **Bristol-Myers Squibb (Principal Investigator)**
Ompatrilat Cardiovascular Treatment Assessment Versus Enalapril (OCTAVE)
- 09/00-06/01 **Bio-Technology, Inc. (Co-Principal Investigator)**
A Randomized, Double-Blind, Placebo-Controlled Dose-Ranging Clinical Trial of the Efficacy and Safety of Oxandrolone in Increasing Respiratory Muscle Strength of Patients with Chronic Obstructive Pulmonary Disease-Associated Weight Loss.
- 11/00-12/01 **Knoll Pharmaceutical Co. BASF. SB250 (Co-Investigator)**
The effect of combination therapy of Meridia (sibutramine hydrochloride) and meal replacement on body weight and weight loss maintenance in obese individuals.
- 11/00-10/01 **The RW Johnson Research Institute (TOPMAT-OBES-001)**

A randomized, double-blind, placebo-controlled, multicenter, parallel group, dose-response study to assess the efficacy and safety of topiramate in the treatment of subjects with obesity.

- 7/00-6/01 **California Cancer Research Program (Co-Principal Investigator)**
“Nutrient-Gene Interaction in Ovarian Cancer”
- 3/00-6/01 **Schering-Plough Research Institute P00396-07 (Co-Investigator)**
“A Phase III Multicenter, Two-Arm Study to Assess the Efficacy and Safety of Ecopipam in the Management of Obesity”.
- 10/99-12/00 **Glaxo-Wellcome (Co-Investigator)**
A multicenter, randomized, double-blind, placebo controlled, parallel group study to investigate the tolerability and efficacy of Oral 1555U88 Compared to placebo for the Treatment of Obesity in Subjects 18-65 years of age
- 9/99-06/01 **National Institutes of Health, Complementary and Alternative Medicine, P50-AT001151-01 (Co-Investigator)**
“UCLA Center for Dietary Supplement Research: Botanicals.”
- 7/99-6/00 **CaPCure Foundation (Co-Investigator)**
“Development of a Multi-factorial Panel of Nutritional Biomarkers of Prostate Cancer Risk through Studies in Rural China and California”
- 6/99-12/99 **Slim Fast Nutrition Institute (Co-Investigator)**
“Effects of Drinking Ultra Slim-Fast versus a Regular Breakfast on Glucose and Insulin Levels in Obese Subjects with Non Insulin Dependent Diabetes”
- 7/98-6/00 **Knoll Pharmaceuticals SB113 (Co-Investigator)**
“A Multi-Center, Double-Blind, Randomized, Placebo-Controlled, parallel Group, 18-month Study to Assess the Safety and Efficacy of Meridia (sibutramine hydrochloride) 20 mg When Given in Titrated Doses to Patients with Obesity”
- 2/98-12/98 **Amgen, Inc. LEPT-970188 (Co-Investigator)**
“A randomized, Double-Blind Placebo Controlled study to determine the effects of Subcutaneous r-metLeptin on Glycemic control in obese subjects with Diet Treated Non-insulin Dependent Diabetes”
- 8/97-8/98 **Amgen, Inc. LEPT-970171 (Co-Investigator)**
“A randomized, Blinded, Placebo-Controlled study to determine the effects of subcutaneous r-metLeptin on Glycemic control in obese subjects with Non-insulin Dependent Diabetes Treated with a second generation sulfonylurea”
- 6/97-6/99 **Slim Fast Nutrition Institute (Co-Investigator)**
“Effects of Ultra-Slim Fast Dietary Programs on Blood Sugar Control in Obese Subjects with Non-Insulin Dependent Diabetes”
- 1/97-12/00 **CapCURE Foundation (Co-Investigator)**
“Nutrition Adjuvant Prostate Cancer Study”

- 7/96-6/00 **National Institutes of Health RO1 CA71052 (Co-Investigator)**
“Diet and Estrogen Metabolism in Postmenopausal women”.
- 5/96-6/99 **CapCURE Foundation (Co-Investigator)**
“UCLA CapCURE Nutrition Study”
- 4/96-2/98 **Knoll Pharmaceuticals BPI 876 (Co-Investigator)**
“A Single-Blind Pilot Study to Evaluate the Effects of Meridia (Sibutramine hydrochloride) on Visceral Abdominal Fat in Mild to Moderately Obese Patients”

LECTURE AND PRESENTATION

- 11/13/2012 Lecturer, Endocrine Grand Rounds, “Topics in Obesity Medicine: Bariatric Surgery and Metabolic Bone Disease.” Cedars Sinai Medical Center, Beverly Hills, California
- 5/18/2012 Lecturer, Endocrine Grand Rounds, “Pharmacotherapy of Obesity: a 20 year Perspective.” Greater Los Angeles VA Medical Center, Los Angeles, CA
- 7/12/2011 Lecturer, Healthcare Symposium Keynote Session, “Future Management of Type I Diabetes.” St. Paul’s Hospital, 2011 International Conference on ICT in Teaching and Learning. Hong Kong, China
- 5/17/2011 Lecturer, Medical Grand Rounds, “Medical Management and Follow-up of the Post-Bariatric Surgery Patient.” Providence Holy Cross Medical Center, Mission Hills, California.
- 7/9/2010 Lecturer, Endocrine Grand Rounds, “Bariatric Surgery and Metabolic Bone Disease.” Greater Los Angeles Veterans Administrations Medical Center, Los Angeles, CA.
- 6/4/2010 Lecturer, Grand Rounds, “Nutrition and Bone Disease after Bariatric Surgery.” West Hills Medical Center, West Hills, CA
- 7/7/2009 Lecturer, “Artificial Pancreas and Insulin Pump.” 2009 International Conference on ICT in Teaching and Learning: Enhancing Healthcare Education Research and Practice Symposium, July 6-8. Hong Kong SAR, China.
- 10/15/2008 Lecturer, Medical Ground Rounds, “Medical and Surgical Management of Obesity.” Good Samaritan Hospital, Los Angeles, CA.
- 3/6/2008 Lecturer, Noon Conference, “Medical and Surgical Management of Obesity.” Sun Valley Medical Center, Sun Valley, CA
- 2/8/2008 Lecturer, Medical Grand Rounds, “Medical Management of Obesity.” Northridge Hospital Medical Center, Northridge, CA
- 3/10/2007 Lecturer, “Endocrinology and Adolescent Obesity.” American Society for Adolescent Psychiatry 2007 Annual Meeting, Santa Monica, California.
- 2/27/2007 Lecturer, “Obesity: Beyond Prevention.” Indian Health Services Annual Meeting, San Diego, California.
- 2/5/2007 Lecturer, Endocrine Grand Rounds, “Medical Management of Post-Bariatric Surgery Patients.” Greater Los Angeles VA Medical Center, Los Angeles, California.

- 10/19/2006 Key Notes Speaker, Bariatric Surgery Conference of the Cascades, “Medical Management after Bariatric Surgery.” Sunriver Lodge, Sunriver, Oregon.
- 6/28/2005 Lecturer, Clinical Faculty Noon Lecture Series, “Diet and Pharmacotherapy for Obesity.” UCLA Medical Center, Los Angeles, California
- 3/28/2004 Lecturer, “Medical Management for Obesity: Nutrition, Exercise and Pharmacology” San Bernandine Medical Center, San Bernardino, California.
- 2/18/2004 Lecturer, Medicine Grand Rounds, “Obesity Epidemic and the Diet Revolution”. Greater Los Angeles VA Medical Center, Los Angeles, California.
- 12/12/03 Lecturer, Endocrine Grand Rounds, “Obesity and the Metabolic Syndrome – Essential Measures for Intervention.” Greater Los Angeles VA Medical Center, L.A., CA.
- 12/9/03 Lecturer, Endocrinology Grand Rounds, “Obesity and Metabolic Syndrome: Essential Measures for Intervention” Cedars-Sinai Medical Center, Los Angeles, CA.
- 3/14/2003 Lecturer, Medicine Grand Rounds, “Myths and Barriers to the Treatment of Obesity”. City of Hope, Duarte, CA.
- 12/20/02 Lecturer, Endocrine Grand Rounds. “Treatment of Obese Patients with Diabetes” Greater Los Angeles Health Care Center, Los Angeles, CA
- 12/6/02 Lecturer, Grand Rounds, “Weight Management in Obese Diabetics”. Gonda Diabetes Center, UCLA, Los Angeles, CA.
- 3/22/02 Lecturer, Grand Rounds, “Obesity Update” West Hills Hospital, West Hills, CA.
- 1/8/02 Lecturer, Endocrinology Grand Rounds, “The Myths and Barriers to the Management of Obesity”. Cedars-Sinai Medical Center, Los Angeles, CA
- 4/25/01 Lecturer, Grand Rounds, “The Myths and Barriers to the Management of Obesity.” Greater Los Angeles Health Care Center, L.A., CA
- 6/2/00 Lecturer, “Obesity Treatment – a Primer” 27th Annual Family Practice Refresher Course. Santa Monica, CA.
- 3/11/00 Lecturer, “The Role of Nutrition in Management of Obese Patients with Sleep Apnea” Advanced Symposium on Sleep Disorders L.A., CA
- 1/25/00 Lecturer, Grand Rounds, “Clinical Approach to Treatment of Obesity.” Temple City Hospital, L.A., CA
- 1/4/00 Lecturer, Endocrine Grand Rounds, “Leptin-Insulin-Visceral fat axis in Obesity.” Cedars-Sinai Medical Center, L.A., CA
- 7/13/99 Lecturer, Cardiology Grand Rounds, “Comorbidities associated with Obesity – to treat or not to treat.” Cedars-Sinai Medical Center, L.A., CA.
- 5/25/99 Lecturer, Medicine Grand Rounds, “Current Trends in the Management of Obesity.” Santa Ynez Valley Cottage Hospital, Solvang, CA.
- 5/5/99 Lecturer, Medicine Grand Rounds, “Vertically Integrated Program for Management of Obesity.” Harbor City Kaiser Permanente, Harbor City, CA.
- 1/11/99 Lecturer, Grand Rounds, “Treatment of Obesity.” Valley Presbyterian Hospital, L.A., CA.
- 10/16/98 Endocrine Grand Rounds, “The Health Impact of Soy Protein.” West LA VA Medical Center, L.A., CA.
- 9/9/98 Lecturer, Internal Medicine Grand Rounds, “Vertically Integrated Program for Treatment of Obesity.” West LA VA Medical Center, L.A., CA.
- 9/18/98 Lecturer, 15th Annual Intensive Course in Geriatric Medicine and Board Review, “Nutrition and Aging.” UCLA School of Medicine, Santa Monica, CA.
- 8/11/98 Lecturer, Medicine Grand Rounds, “Current Management of Obesity.” Sepulveda VA Medical Center, LA, CA.

- 5/22/98 Lecturer, Medicine Grand Rounds, "Current Trends in the Management of Obesity." Grossmont Medical Center, San Diego, CA.
- 3/1998 Lecturer, Prostate Cancer Support Group, "Updates on Nutrition and Prostate Cancer." UCLA School of Medicine, L.A., CA.
- 5/1997 Lecturer, Urology Ground Rounds, "Nutritional Approaches to the Prevention of Prostate Cancer Progression." UCLA School of Medicine, L.A., CA.
- 3/1997 Lecturer, CME, "Primary Care 2000 – Understanding and Treating Obesity." St. Joseph Hospital, Irvine, CA.
- 1/1997 Lecturer, Grand Rounds, "Pharmacotherapy of Obesity." Columbia Las Encinas Hospital, Los Angeles, CA.
- 12/1996 Lecturer, CME, "Behavioral Strategies and the Role of Exercise in Obesity Management." UCLA School of Medicine, Santa Monica, CA.
- 10/1996 Lecturer, Endocrine Grand Rounds, "Understanding and Treating Obesity." West LA Medical Center, Los Angeles, CA.
- 6/1996 Oral presentation "Differential responses of human papillary thyroid carcinoma cell lines to tumor necrosis factor- α , interleukin- 1β and interferon- γ ." 10th International Congress of Endocrinology, San Francisco, CA.
- 6/17/1994 Oral presentation, "Anti-proliferative action of interleukin- 1β and interferon- γ on human papillary thyroid carcinoma cell lines." Endocrine Society 76th Annual Meeting, Anaheim, CA.
- 2/1994 Lecturer, Endocrine Grand Rounds, "Hypercalcemia in prostatic neoplasms." Combined West L.A. and Sepulveda VA Medical Center, L.A., CA.
- 7/1993 Lecturer, Endocrine Grand Rounds, "Subacute thyroiditis." Combined West Los Angeles and Sepulveda VA Medical Center, Los Angeles, CA.
- 5/1992 Presenter, Solomon Scholarship Program, "Role of Endothelin-1 as a growth factor for rat FRTL-5 cells." UCLA School of Medicine, L.A., CA.

BIBLIOGRAPHY

I. PEER-REVIEWED JOURNALS

RESEARCH PAPERS

1. **Yip, I.**, Pang, X.P., Berg, L., and Hershman, J.M. Anti-tumor Actions of Interferon- γ and Interleukin- 1β on Human Papillary Thyroid Carcinoma Cell Lines. *J Clin Endocrinol Metab* 80:1664-1669, 1995.
2. **Yip, I.**, Aronson W., Heber D. Nutritional Approaches to the Prevention of Prostate Cancer Progression. *Adv Exp Med Biol* 399:173-181, 1996.
3. Ho, M., Marger M., Beart J., **Yip, I.**, and Shekelle P. Is Quality of Care Better in Diabetes Clinic or General Medical Clinic? *Diabetes Care* 20:472-475, 1997.
4. Flechtner-Mors M., Ditschuneit HH., **Yip, I.**, Adler G. Blood Pressure and Plasma Norepinephrine responses to Dexfenfluramine in Obese Postmenopausal Women. *Amer J of Clin Nutrition* 67:611-615, 1998.
5. Heber, D. **Yip, I.**, Ashley, JM., Elashoff, DA., Elashoff, RM., Go, VLW. Randomized Clinical Trial of the cholesterol-lowering effects of a proprietary Chinese Red Yeast Rice dietary supplement: a randomized clinical trial. *Amer J Clin Nutrition* 1999; 69:231-236.
6. **Yip, I.**, Heber, D., Aronson, W. Nutrition and Prostate Cancer. *Urologic Clinic of North America* 1999; 26:403-411.

7. Flechtner-Mors, M., Ditschuneit, H., **Yip, I.**, Adler, G. Sympathetic modulation of lipolysis in subcutaneous adipose tissue: effects of gender and energy restriction. *J Lab and Clin Medicine* 1999; 134:33-41.
8. Flechtner-Mors, M. Dieschuneit HH., **Yip, I.**, Alt, A., Torres-Schow RM., Membrano S., Caquin R., Tam, C., Johnson, T., Heber, D. Reduced epinephrine-stimulated lipolytic activity in male golden-mantled ground squirrel during hibernation : an in situ microdialysis study. *Comp Biochem and Physiology* 1999; 123:281-284.
9. Song, MK., Rosenthal MJ., Hong SJ., Whang IK, **Yip I.**, Golub MS., Ament ME., Go, VLW. Synergistic anti-diabetic activities of zinc, cyclo (his-pro) and arachidonic acid. *Metabolism* 2001; 50:53-59.
10. **Yip, I.**, Duran N. The Role of Complimentary Medicine in the Treatment of Prostate Cancer. *Current Urology Reports* 2001; 2:231-236.
11. **Yip, I.**, Wang HJ, DeShields, S., Elashoff R., Go, VLW, Heber, D. Insulin and Leptin relationship during weight loss with sibutramine. *Pancreas* 2001; 23:197-203.
12. Leung FW., Golub M., Tuck M., **Yip I.**, Leung JWC., Go VLW. Stimulation of Intestinal Mucosal Afferent Nerves Increases Superior Mesenteric Artery and Decreases Mesenteric Adipose Tissue Blood Flow. *Digest Diseases and Sciences* 2001; 46:1217-1222.
13. **Yip, I.**, Go, VLW., Wang, HJ., Yong, M., DeShields S., Salzman P., Elashoff, R., Heber, D. Liquid Meal Replacements and glycemic control in obese type 2 diabetes patients. *Obes Res* 2001; 9(S5):S341-347.
14. Livingston EH, Sebastian JL, Huerta S, **Yip I.**, Heber D. Biexponential Model for Predicting Weight Loss after Gastric Surgery for Obesity. *J Surg Res* 2001; 101:216-224.
15. Huerta S, Heber D, Sawicki MP, Liu CD, Arthur D, Alexander P, **Yip I.**, Li ZP, Livingston EH. Reduced length of stay by Implementation of a Clinical Pathway for Bariatric Surgery in an Academic health care Center. *Am Surg* 2001; 67:1128-1135.
16. Hwang I, Go V, Harris, D, **Yip, I.**, Song MK. Effect of Arachidonic Acid Plus Zinc on Glucose Disposal in Genetically Diabetic (*Ob/Ob*) mice. *Diabetes, Obesity and Metabolism* 2002; 4:124-131.
17. Song MK, Hwang IK, Rosenthal MJ, Harris DM, Yamaguchi DT, **Yip I.**, Go VLW. Anti-Diabetic Actions of Arachidonic Acid and Zinc in Genetically Diabetic Goto-Dakizaki rats. *Metabolism* 2003; 52:7-12.
18. **Yip I.**, Cudiamat M, Chim D. PC-SPES for treatment of Prostate Cancer: Herbal Medicine. *Curr Urol Rep* 2003; 4:253-257.
19. Hwang IK, Go VLW, Harris DM, **Yip I.**, Kang KW, Song MK. Effects of Cyclo (His-Pro) plus Zinc on Glucose Metabolism in Genetically Diabetic Obese Mice. *Diabetes Obes Metab* 2003; 5:317-324.
20. Li ZP, Hong K, **Yip I.**, Huerta S, Bowerman S, Walker S, Wang H, Elashoff R, Go VLW, Heber D. Body Weight Loss with Phentermine Alone Versus Phentermine and Fenfluramine with Very-Low-Calorie Diet in an Outpatient Obesity Management Program: A Retrospective Study. *Curr Ther Res Clin Exp* 2003; 64:447-460.
21. Song MK, Hwang IK, Rosenthal MJ, Harris DM, Yamaguchi DT, **Yip I.**, Go VL. Anti-hyperglycemic Activity of Zinc plus Cyclo (his-pro) in Genetically Diabetic Goto-kakizaki and Aged Rats. *Exp Biol Med* 2003; 228:1338-1345.

RESEARCH PAPERS IN PRESS: None

II. NONPEER-REVIEWED JOURNALS: NONE**III. BOOKS AND BOOK CHAPTERS**

1. Aronson, W., **Yip, I.**, Heber, D. Prostate Cancer. In: *Nutritional Oncology*. (D Heber, GL Blackburn, VLW Go eds) Academic Press, San Diego, CA. pp 453-458, 1999.
2. **Yip, I.**, Wong D., Go, VLW. Complementary Medicine for Treatment of Prostate Cancer. In: *Trends In Prostate Cancer Research*. (John Lucas ed) Nova Science Publishers, Hauppauge, New York. pp 47-72, 2005.
3. Arab, L., **Yip, I.** Bone Loss, Vitamin D and Bariatric Surgery: Nutrition and Obesity In: *Vitamin D, Third Edition*. (Feldman D, Pike W & Adams, J. eds) Elsevier Academic Press. pp 1009-1024, 2011.

IV. REVIEWS: NONE**IV. INTERNET: On-Line Review**

1. **Yip, I.** Gratton, LG. Obesity/Weight Loss. Best Practice of Medicine. <http://merck.praxis.md>

VI. EDITORIALS, LETTERS TO THE EDITOR, WRITINGS FOR POPULAR PRESS

1. Ho, M., **Yip, I.**, and Shekelle P. Letters to the Editor: Outcomes in Diabetic Patients. *Diabetes Care* 20:1497-1498, 1997
2. **Yip, I.**, Ho, M. and Shekelle P. Is the Quality of Diabetes Care Better in a Diabetes Clinic or a General Medicine Clinic? *Newsletter Diabetes* 2000

VII. ABSTRACTS

1. **Yip, I.**, Pang, X.P., Berg, L., and Hershman, J.M. (1994) Anti-proliferative action of interleukin-1 β and interferon- γ on human papillary thyroid carcinoma cell lines. *Endocrine Society Abs.* 76, 1074.
2. **Yip, I.**, Pang, X.P., Berg, L., and Hershman, J.M. (1996) Differential responses of human papillary thyroid carcinoma cell lines to tumor necrosis factor- α , interleukin-1 β and interferon- γ . *Endocrine Society Abs. 10th International Congress of Endocrinology Abs.* pp 393 P1-1036.
3. Ashley, J., Aronson W., **Yip, I.**, Geoffrey, S., Hui, E., DeKernion J., Heber D. (1997) Acceptance of A low Fat, High Fiber Diet with Soy Protein Supplement in Men with Prostate Cancer. 16th International Congress of Nutrition Abs. pp 271 PT 533.
4. Flechtner-Mors, M., Ditschuneit, H., **Yip, I.**, Adler, G. (1997) Blood Pressure and plasma Norepinephrine Response to Dexfenfluramine in Obese Postmenopausal Women. *Obesity Research* 5(S1) pp12.
5. M. Flechtner-Mors, HH Ditschuneit, R Torres-Schow, Caquin RS., Membrano S., Tam C., **Yip, I.** In Vivo Study of Lipolysis in Golden-Mantle Ground Squirrel (*S. lateralis*) During Hibernatin Using Microdialysis. *Obesity Research* 5(S1)pp52.
6. **I. Yip**, L. Gratton, J. Ashley, T. Johnson, R. Elashoff, V.L.W. Go, and D. Heber. Sibutramine Reduces Visceral Fat, Leptin and Estradiol Levels in Obese Women. *Experimental Biology*, 1998. pp A353 2053.
7. D. Heber, **I. Yip**, JM Ashley, DA Elashoff, RM Elashoff, VLW Go. A Chinese Red Yeast Rice Dietary Supplement Significantly Reduces Cholesterol Levels. *Experimental Biology* 1998 pp A206, 1201.

8. M Flechtner-Mors, Ditschuneit, HH, R Torres-Schow, RS Caquin, S Membrano, C Tam, **I Yip**. Lipolytic Activity of Subcutaneous Adipose Tissue during Hibernation and Post-Hibernation in Golden-Mantle Ground Squirrel: An In Situ Microdialysis Study. *Experiment Biology* 1998 pp A535, 3110.
9. **I. Yip**, L. Gratton, G. Thames, T. Johnson, J. Ashley, R. Elashoff, VLW. Go, JM Hershman, and D. Heber. "Leptin is Reduced to a Greater Degree Than Weight or Body Fat following Treatment with Diet and Sibutramine" 80th Annual Meeting of the Endocrine Society, 1998.
10. M. Flechtner-Mors, H. Ditschuneit, **I. Yip**, G. Adler. "Weight Loss Reduced Testosterone Level More In Premenopausal Women Than In Postmenopausal Women." 80th Annual Meeting of the Endocrine Society, 1998.
11. M. Flechtner-Mors, H. Ditschuneit, **I. Yip**, G. Adler. "Testosterone Metabolism Is Different in Pre- and Postmenopausal Women During Weight Loss." 8th International Congress on Obesity, Paris, Italy, 1998.
12. **I Yip**, W. Aronson, R. Elashoff, W.L.V. Go, J. DeKernion, D. Heber. UCLA Nutrition Adjuvant Study for Treatment of Prostate Cancer. *Experimental Biology* Washington D.C., 1999.
13. **I Yip**, S DeShields, VLW Go, P Saltsman, G Thames, M Yong, R Elashoff, and D Heber. Feasibility of Using Meal Replacements for Weight Loss in Obese Type II DM. *Endocrine Society*, San Diego, CA. 1999.
14. **I Yip**, HJ Wang, R Elashoff, M Maxwell, JM Hershman, VLW Go, and D Heber. Effects of Sibutramine and Diet Therapy on Subcutaneous and Visceral Abdominal Fat, Insulin, Glucose and Leptin in Subjects with Upper Body Obesity. *European Congress of Obesity*, Milan, Italy, 1999.
15. M Flechtner-Mors, HH Ditschuneit, **I Yip**, A. Alt, J Hogel, D Heber, G Adler. Alpha Adrenergic Receptors Modulate Noradrenaline Activities on Lipolysis and Blood Flow- an in vivo study in Obese Human Adipose Tissue. *European Congress of Obesity*, Milan, Italy, 1999.
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